

2018 LEFN CONFERENCE

"Resilience with Dignity and Integrity"

October 5-7, 2018

DoubleTree by Hilton Spokane City Center, Spokane, WA

Friday, October 5

5:00–7:00 pm Registration
7:00 –9:00 pm Evening Social

Saturday, October 6

8:00–9:00 am Continental breakfast; late registration
9:00 am Brian Johnston, Behind the Badge, President; Welcome
Chief Craig Meidl, Spokane PD; Welcome
9:15 – 10:30 am Lacy and Chris Wolff
"Family F.I.R.S.T."
Session 1 – Stress Response System
10:30–11:15am Lacy and Chris Wolff
"Family F.I.R.S.T."
Session 2 – Mindset
11:30-12:15 pm Lacy and Chris Wolff
"Family F.I.R.S.T."
Session 3 - RECHARGE
12:15 – 1:15 pm Lunch
1:15 – 2:00 pm Lacy and Chris Wolff
"Family F.I.R.S.T."
Session 4 - Family Resilience Strategies
2:00 – 2:15 pm Break
2:15 – 2:30 pm Meg
2:30–5:00 pm Julie Beard, Redmond PD; "Personal Safety"
LEO Breakout
LEO's Breakout Session
Family Breakout Session
5:00–7:00 pm Evening Social

Sunday, October 7

8:30–9:00 am Continental breakfast
9:00 – 9:15 am Brian Johnston, Behind the Badge Foundation, President
Chief Brian Asmus, Liberty Lake PD; Welcome
9:15 – 11:15 am Neil M. Kirkpatrick, Ph.D., Tacoma Police Department
"Stress, Trauma, Self-Care and Support for Law Enforcement"
11:25 – 11:40 am Gayle Frink-Schulz, Behind the Badge Foundation
"What's Your Bounce Back Factor?"
11:40 – 12:00 pm Closing